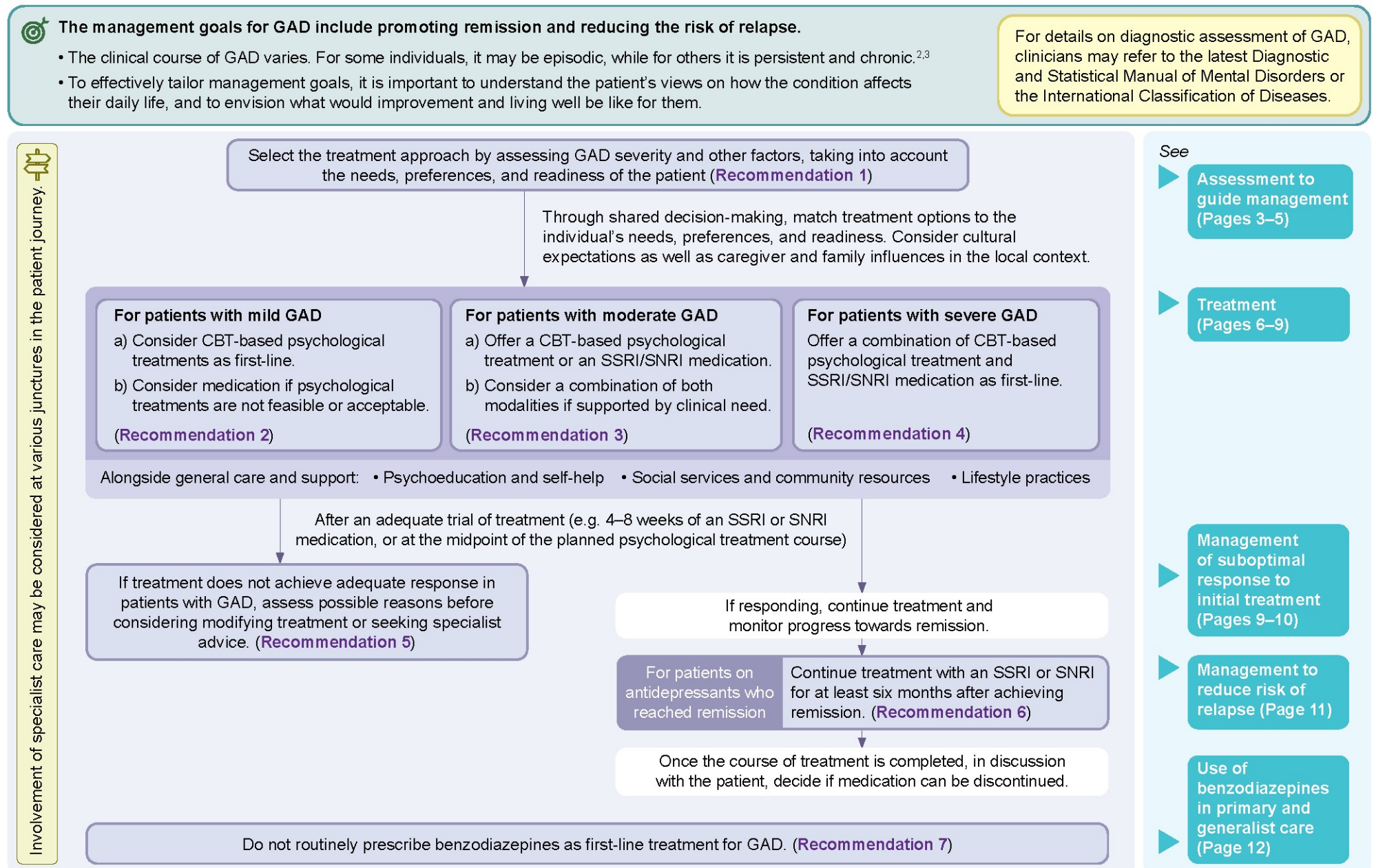


**Figure 1.** Overview of GAD management



CBT: cognitive behavioural therapy; SSRI: selective serotonin reuptake inhibitor; SNRI: serotonin–noradrenaline reuptake inhibitor